



HIRE WITH CLARITY & INSIGHT.

## Being 100% Responsible

What is it to take 100% responsibility for your life? When I first heard this distinction I was sitting in the Landmark Forum in 1996, I was immediately grabbed by the power; the distinction being 100% responsible. I have always taken full responsibility at work, there was no other option for me, not being responsible would have had me not getting paid which would have had me not being able to provide for my family and that was simply not an option.

Where I struggled with being 100% responsible was in the area of relationships. I really thought if people could not see my way, too bad, so sad; I was right and they ought to know that. Boy was I wrong and I often thank God and the man that introduced me to that course back in 1996, because the 'me' that I am now was unconceivable back then. In Jack Canfield's most recent book, he starts off with making it clear and simple that it is a fundamental for success - to take on being 100% responsible in ones life. He states that a person's ability to live powerfully is a direct result of them taking full responsibility for every area of life that is working and every area of life that is not working. What a novel idea, and an idea that at first glance most human beings resist.

I don't know if it is the craze of the age, the self help groups, books, therapists or people just not wanting to face reality, but blaming someone else for my circumstances simply does not get me anywhere, but stuck. Think about it, if I were to take responsibility for each poor performer I have had in my company, then and only then, can I do something about it. If I was to take 100% responsibility for my failed marriage, then and only then, can I alter the future, with potential mates, as well as with my ex-husband and my children. If I were to take responsibility when I had a low sales month, full responsibility without blaming the economy, the weather, my boss, my kids, my customers, our prices, then and only then, could I get to the real source of why my sales were below expectations; and that is real power. If I were to take 100% responsibility for my race time or fundraising efforts, then I would know how to alter the outcome. It truly is the difference between being a victim and being the source of my own power. Or, as Mary Chapin-Carpenter says, "The difference between being the windshield or the bug". The logic is inescapable. If I am the source of my own power and lack there of, then I can be the cause of a restoration of my own power and the growth of it.



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### Resources for People in the People Business

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My intention for the month of February is to look to every area of my life that is working or is not working, as well as I would like it to. To take on being at cause in the matter of the outcome; from raising my 80 lb. pup, to raising my teenage sons, to my body weight, to my fitness, to my eating habits, to my hiring habits, to my discipline with my schedule.

Join me in taking on being powerful. Who knows what will show up!

**Margaret Graziano, CPC, CTS, CERS**



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